

Look To This Day

Look to this day:

For it is life, the very life of life.

In its brief course

Lie all the verities and realities of your existence.

The bliss of growth,

The glory of action,

The splendor of achievement

Are but experiences of time.

For yesterday is but a dream

And tomorrow is only a vision;

And today well-lived, makes

Yesterday a dream of happiness

And every tomorrow a vision of hope.

Look well therefore to this day;

Such is the salutation to the ever-new dawn!

Set Aside Prayer

Lord, today help me set aside everything I think I know about you, everything I think I know about myself, everything I think I know about others, and everything I think I know about my own recovery. For a new experience in myself; a new experience in my fellows; and my own recovery.